

Pathfinder Social Studies

Book - 1

Chapter 1 : About Myself

Do it yourself

Chapter 2 : We Need Food

Intext Assessment:

- a. Cauliflower
- b. Ice-cream
- c. Onion
- d. Milk
- e. chicken
- f. Spinach

Practise These

- A.** 1. raw, 2. breakfast, 3. dinner, 4. animals.
- B.** 1. We eat food because food gives us energy to work and play. It helps us to grow. It keeps us healthy and strong.
2. We take three meals in the day.
 3. Breakfast is the first meal of the day. We have it in the morning.
 4. Plants and animals are the sources of food.
- C.** 1. food, 2. lunch, 3. cooked, 4. fruits, 5. Breakfast.

HOTS:-

Food like milk kept in a refrigerator so that bacteria do not grow and spoil the milk.

Project Work

1. Milk
2. Bread
3. Eggs
4. Fish
5. Rice
6. Chappati.

Chapter 3 : Our Clothes

Intext Assessment:

1. Sports shoes
2. In the park
3. To protect our feet during play.

Practise These

- A. 1. Tailor, 2. Cotton, 3. Uniform, 4. Wool.
- B. 1. We wear clothes to cover our body and protect ourselves from heat, cold, rain and wind.
2. A tailor stitches our clothes.
 3. We wear raincoats in the rainy season to avoid getting wet.
 4. We wear clothes made of wool in the winter to keep warm.
 5. The people who wear uniforms are doctor, nurse and soldier.
- C. A. Girl, B. Soldier, C. Nurse, D. Policeman.

Life Skill Time

T	F	R	O	C	K	T	S	P	R	L
R	T	S	T	N	M	S	T	S	C	S
S	F	Q	W	C	B	M	I	O	D	K
T	R	O	U	S	E	R	S	C	P	I
Z	T	V	T	W	N	T	H	K	L	R
B	C	D	E	F	G	H	I	S	B	T
J	A	C	K	E	T	G	R	D	D	E
V	J	D	E	J	O	H	T	S	B	T

Chapter 4 : Our Houses

Intext Assessment:

1. Stilt roof
2. This type of roof is mainly found in regions with heavy rain and frequent flood to prevent water from collecting on the roof.

Practise These

- A.** 1. Both, 2. Safe, 3. Kuchche, 4. Bedroom.
- B.** 1. We need a house because it protect us from heat and cold. It protects us from rain and storm. protects us from thieves and wild animals.
2. We cool our food in the kitchen.
 3. A house made up of marbles, cement and iron is a strong house.
 4. The different types of houses are kuchcha houses and pucca houses.
 5. We sit with our guests in the drawing room.
- C.** 1. True, 2. False, 3. False, 4. False, 5. True.
- D.** 1. Dining Room
2. Study Room
 3. Bedroom.

HOTS:-

Proper ventilation keeps the air fresh and healthy indoors.

Subject Link:

10

Life Skill Time

1. X,
2. ✓,
3. X

Model Test Paper -I

Practise These

- A.** 1. b, 2. b, 3. c, 4. b, 5. a.
- B.** 1. W, 2. R, 3. W, 4. S, 5. S.
- C.** 1. Yes, 2. Yes, 3. Yes, 4. Yes, 5. No.
- D.** 1. tailor 2. pucca 3. clean 4. breakfast

5. igloo.

Chapter 5 : Homes of Animals

Intext Assessment:

1. Next
2. Sparrow

Practise These

- A.** 1. den 2. pond 3. burrow 4. stable.
- B.** 1. Animals need shelter to protect themselves from heat cold and rain. They need to protect themselves from their enemies.
2. Tortoise and frog can live both on land and in water.

HOTS:

Pet do not make their homes because they live with their owners.

Project Work

- Lion - Den
Rabbit - Burrow

Chapter 6 : Our Family

Intext Assessment:

1. Maternal grandmother
2. Sister
3. Cousin

Practise These

- A.** 1. parents 2. big 3. big.
- B.** 1. Do it yourself,, 2. Do it yourself,
3. A joint family comprises of grandparents, parents, uncles, aunts, cousins, nephews, nieces and others.
- C.** a. joint, b. family, c. small, d. joint, e. large.

HOTS:

Paternal grandparents are the parents of our father and maternal grandparents are the parents of our mother.

Project Work: Do it yourself,

Chapter 7 : What Parents Do for Us

Intext Assessment:

1. Grandma is telling stories to her grandchildren.

Practise These

- A.** 1. family 2. clean 3. should 4. both.
- B.** 1. Parents work hard for the family.
2. Do it yourself.
3. Parents work hard for their family to provide their children with all the things they need.
4. Do it yourself.
5. Children can help their parents in laying the table, watering the plants, etc.
- C.** 1. Parents, 2. money, 3. mother, 4. children,
5. grandparents.

HOTS:

Do it yourself.

Project Work:

Do it yourself.

Chapter 8 : Places in my Neighbourhood

Intext Assessment:

1. Temple
2. church
3. Gurudwara
4. Mosque

Practise These

- A.** 1. a 2, a.
- B.** 1. Children play in the park.

2. We go to a hospital when we are sick.
 3. Policemen work in the police station day and night.
- C. 1. Bank, 2. park, 3. school, 4. doctors, nurses.

HOTS:

We buy clothes from markets or from malls.

Life Skill Time

1. d, 2. a, 3. e, 4. c, 5. b.

Test Paper -II

Practise These

- A.** 1. b, 2. a, 3. d, 4. e, 5. c.
- B.** 1. Joint, 2. Big, 3. Small.
- C.** 1. Parents work hard for us.
2. They earn money for us.
3. They cook food for us.
4. They take care of all our needs
5. They help us study.
- D.** 1. A bank used to deposit/withdraw money.
2. A police station is a place policeman work day and night to maintain law and order.

Chapter 9 : People Who Help Us

Intext Assessment:

1. Postman
2. Postman collects and deliver letters and packages that are sent by post.

Practise These

- A.** 1. policeman, 2. teacher, 3. mason, 4. cobbler.
- B.** 1. Teachers teach the students in the school.
2. Policemen protect us from thieves.
3. A farmer grows food grains .
4. A weaner weanes slothes.
5. A cobbler mends our shoes.
- C.** 1. False, 2. True, 3. False, 4. True.

HOTS:

Florist is a person who sells flower.

Projects Work:

1. Plumber: A plumber fixes and repairs leakage of pipes.
2. Chef : A chef prepares food in restaurants and hotels.
3. Pilot: A pilots operates aircrafts.
4. Astronaut : An astronaut travels in a spacecraft, work in space.
5. Doctor : A doctor treats patients.

Subject Link:

- | | | |
|------------|--------------|-----------|
| 1. Doctor | 2. Plumber | 3. Mason |
| 4. Teacher | 5. Policeman | 6. Tailor |

Life Skill Time

- | | | |
|------------|----------------|-------------|
| 1. Plumber | 2. Electrician | 3. Painter. |
|------------|----------------|-------------|

Chapter 10 : Festivals**Intext Assessment:**

1. Dusshehra
2. a. Ravan
b. Meghnad
c. Kumbhkaran

Practise These

- A. 1. Eid, 2. Children's Day, 3. Gandhi Jayanti,
4. Christmas, 5. Eid
- B. 1. Diwali is called the festival of lights.
2. Mahatma Gandhi was born on 2nd October. We celebrate his birthday on this day.
3. Children enjoy fireworks on Diwali.
4. We celebrate Children's Day on 14th November.
5. We celebrate Independence Day on 15th August. India got freedom on this day from the British rule in 1947.
- C. 1. e, 2. a, 3. c, 4. b, 5. d.

Chapter 11 : Our School

Intext Assessment:

1. Music room
2. We learn music in this room

Practise These

- A. 1. teacher, 2. good, 3. clean, 4. read books,
5. playground.
- B. Do it yourself
- C. 1. office
2. subjects
3. library
4. playground
- D. 1. books 2. games 3. study
4. teachers.

HOTS:

We have to wear uniform in school to build a sense of equality . When students wear the school uniform they feel that they belong to a particular organisation.

Subject Link:

1. We should not damage school property.
2. We should not bunk classes in school .
3. We should not make noise in school.

Chapter 12 : Our Classroom

Practise These

- A. 1. classroom 2. dustbin 3. neat.
- B. 1- 3 Do it yourself.
4. We should throw the waste paper in the dustbin only to keep our classroom neat and clean.
- C. 1. desks, benches, 2. blackboard, 3. dustbin,
4. classroom.

HOTS:

A smart board is an interactive classroom tool which is

used to create interactive presentation which improves learning and makes teaching meaningful.

Project Work:

- a. true b. true c. true d. false e. true

Subject Link:

25

Life skills Time:

Knife , Blade , Matchstick, thermocole cutter are sharp objects , these can harm us so these should not be taken to the class.

Test Paper -III

Practise These

- A. 1. farmer, 2. weaver, 3. plumber, 4. tailor, 5. doctor.
B. 1. books, 2. games, 3. study, 4. teachers 5. snacks.
C. Do it yourself.
D. 1. Principal, 2. Blackboard,
3. Independence, 4. Holi,
5. Sewai.

Chapter 13 : Learning at School

Practise These

- A. 1. both, 2. should not, 3. jump, 4. share.
B. 1 Do it yourself. 2. Do it yourself
3. Teacher teaches us at school .
4. Reader , Writing , singing , dancing , painting .
C. 1. learn, 2. teach, 3. obey, 4. wish, 5. time.

HOTS:

We taught moral science in school because it teaches ethics and values. It helps a student to differentiate the right from the wrong.

Life Skills Time:

- | | |
|-------------------------|-------------------------------------|
| a. Reading | <input checked="" type="checkbox"/> |
| b. writing | <input checked="" type="checkbox"/> |
| c. Drawing and painting | <input checked="" type="checkbox"/> |
| d. Horse-riding | <input checked="" type="checkbox"/> |
| e. Game | <input checked="" type="checkbox"/> |
| f. Baking | <input type="checkbox"/> |
| g. Acting | <input type="checkbox"/> |
| h. Cooking | <input type="checkbox"/> |
| I. Fighting | <input type="checkbox"/> |
| j. Stealing | <input type="checkbox"/> |
| k. Sewing | <input type="checkbox"/> |
| l. Solving | <input checked="" type="checkbox"/> |
| m. Good manners | <input checked="" type="checkbox"/> |
| n. Running | <input type="checkbox"/> |
| o. Singing | <input checked="" type="checkbox"/> |
| p. Operating computrs | <input checked="" type="checkbox"/> |

Chapter 14 : Good Habits

Practise These

- A. 1. please, 2. thank you, 3. sorry.
B. 1. Teachers teach us good habits in school.
2. We should learn good habits to become good children.
3. Do it yourself.

Project Time

1. (a.) G, (b.) G, (c.) B, (d.) G, (e.) G, (f.) G.
2. Do it yourself.

Chapter 15 : Keeping Healthy

Practise These

- A. 1. healthy, 2. clean, 3. milk, 4. needs.
B. 1. We can keep our body healthy by keeping it clean, eating healthy food, exercising, resting and relexing.
2. We should wash fruits and vegetables before eating.
3. we should give rest to our body to recharge it and keep it

healthy.

HOTS:

We should clean our tongue with a tongue cleaner everyday to remove bacteria which forms over the tongue and cause bad breath.

Project Work:

- | | |
|--------------------------------------|-------|
| a. Watching T.V at midnight | Red |
| b. Eating food with flies on it | Red |
| c. Playing football in the evening | Green |
| d. Eating and studying | Red |
| e. Washing your hair with shampoo | Green |
| f. Playing with children in the park | Green |

Life Skills Time:

- a. Not combing hair properly is an unhealthy habit.
- b. having long nails is unhealthy habit.
- c. Eating junk food is an unhealthy habit.

Chapter 16 : Safety Rules

Intext Assessment:

1. Stop
2. Wait
3. Go

Practise These

- A. 1. a 2. c 3. c.
- B. 1. We should follow certain safety rules to keep ourselves safe everywhere.
2. We should cross a road at the zebra crossing.
3. (i) Rules followed at school.
- a. Do not jump on the desks.
 - b. Do not push anyone.
- (ii) Rules followed at home.
- a. We should never fly a kite on an open roof.
 - b. We should not allow any stranger in our house.

HOTS:

No, we should not accept things from strangers.

Project Time

1. School ahead
2. Speed Breaker ahead
3. Railway crossing.

Life Skills Time:

Safety rule is not being followed here as the child is playing on the road.

Subject Link:

- | | |
|------------|---|
| 1. Bus | 3 |
| 2. car | 5 |
| 3. scooter | 6 |
| 4. Jeep | 3 |
| 5. Truck | 3 |

Chapter 17 : Early Man**Intext Assessment:**

1. This is made up of wood
2. Yes

Practise These

- A. 1. cave, 2. tree, 3. flesh, 4. bark, skin
- B. 1. Early man lived in forest.
2. Early man eat fruits and roots of plants and raw flesh of animal.
3. He covered his body using the bark of trees and animal skins.
- C. 1. F 2.F 3.F.

HOTS:

Early man lived in jungle. Earlier they had no house to live in and they spend their time on the trees or hide themselves behind the bushes. They do not have food to eat and clothes to wear. They hunt animals for food and wrap animal skin and tree leaves over their bodies.

Test Paper -IV

Practise These

- A. 1. ✓, 2. ✓, 3. ✗, 4. ✓, 5. ✓
- B. 1. ✓, 2. ✓, 3. ✗.
- C. 1. Do not play with sharp objects.
2. Do not play with match-sticks.
3. Do not go near gas stove.
4. Do not touch electrical wires.
5. Be careful in the bathroom.
- D. 1. Early man covered his body with bark of trees and animal skins.
2. Early man ate raw fruits and roots of plants and raw flesh of animals.
3. We learnt to read and write in the school.
4. We can keep healthy by eating good food, exercising, keeping clean, resting and reading.
5. Teachers teach us to study, read, write and good manners.