

## O My Motherland – 3

### 1. MOTHER TERESA (Service to Humanity)

#### Let's Think and Answer:

#### A. Answer the following questions:

1. Where was Mother Teresa born?

Ans:

Mother Teresa was born on 26 August, 1910 in Skopje capital of Macedonia. After living in Macedonia for eighteen years, she moved to Ireland and then to India where she lived till the end of her life.

2. Why did she decide to serve the poorest of the poor?

Ans:

She decided to serve the poorest of the poor because the poverty and suffering of people around her moved her tremendously. In 1946, she heard a voice calling her to serve the poorest of the poor. The call became stronger in 1948 when she got permission to start work for the poor.

3. When did Mother Teresa start the Missionaries of Charity?

Ans:

Mother Teresa started 'The Missionaries of Charity' on October 7, 1950. Its primary work was to love and care for those persons for whom there was nobody prepared to look after. In 1965, the Society became an international social family.

4. Which two awards was Mother Teresa awarded with?

Ans:

Two awards Mother Teresa was awarded with are:

1. Mother Teresa was awarded the Nobel Prize for Peace in 1979.
2. Bharat Ratna in 1980

5. When was Mother Teresa declared a saint?

Ans:

Mother Teresa declared a saint by Pope Francis at Vatican on 4<sup>th</sup> September, 2016.

**B. Write T for a true statement and F for a false one:**

Ans:

1. Mother Teresa was born in India. [ F ]
2. Mother Teresa started the Missionaries of Charity. [ T ]
3. Mother Teresa received many awards but did not receive the Nobel Prize. [ T ]
4. Mother Teresa spent all her prize money for the welfare tasks. [ T ]
5. Mother Teresa inspired many people, not only in India, but also all over the world. [ T ]

**Let's Do**

**A.** Here is a list of 'Deeds' Put a tick (✓) against the one that shows 'goodness'. Put a cross (X) against the one that shows 'no goodness'.

Ans:

1. Refusing to share your ice-cream. : [ X ]
2. Offering your seat to an elder. : [ ✓ ]
3. Chasing a stray puppy. : [ X ]
4. Sharing your things with others. : [ ✓ ]
5. Answering back an elder. : [ X ]
6. Obeying your teacher. : [ ✓ ]
7. Carrying the shopping bag for an elderly person. : [ ✓ ]
8. Helping a visually challenged person cross the road. : [ ✓ ]
9. Helping your parents. : [ ✓ ]

10. Being rude to a friend. : [ X ]
11. Fighting against others. : [ X ]
12. Loving your pet. : [ ✓ ]
13. Feeding birds. : [ ✓ ]
14. Being cheerful. : [ ✓ ]

**B. Complete the table. Tick (✓) only one option in each row.**

Ans:

	Always	Sometimes	Never
1. I help my parents with household work.		✓	
2. I greet my elders.	✓		
3. I am polite to everyone.	✓		
4. I spend time with my grandparents.	✓		
5. I clean the blackboard for my teacher.	✓		
6. I feed stray animals.	✓		

## 2. MY MOTHERLAND (National Integration)

**Let's Think and Answer:**

**A. Answer the following questions:**

1. What was Ajay's father?

Ans:

Ajay's father was a soldier.

2. What was Ajay's ambition?

Ans:

Ajay's ambition was to become a soldier like his father and grandfather. His ambition was to join the army and protect his country.

3. What did the man want Ajay to do?

Ans:

The man wanted Ajay to give a packet of chocolates to the guards who worked so hard. Ajay took the packet and agreed to do the job.

4. Peeping through the window, what did Ajay see?

Ans:

Peeping through the window, Ajay saw the man talking to some other stranger. He understood that the packet had a bomb. The bomb would explode when the packet was opened. The stranger would then enter the army base and kill the soldiers.

5. Do you think Ajay was brave? Would you like to become like him?

Ans:

Yes, I think Ajay was brave. He threw the packet into the hut and ran away. The bomb exploded and killed the bad men.

Ajay got a bravery medal and an award by the Government for his bravery and patriotism. Many years later, he grew up to be a soldier.

Yes, I would you like to become like Ajay.

## Let's Do

### A. How much

Ans:

1. Two languages spoken in India:
  - (a) Hindi
  - (b) Urdu
2. Two festivals of India.
  - (a) Deepawali
  - (b) Holi
3. Four metropolitan cities of India:

- (a) New Delhi
- (b) Mumbai
- (c) Kolkata
- (d) Chennai

4. The capital of India.  
New Delhi.

**B.** Rajan was an intelligent boy from a small Indian village. He went abroad to study computer engineering. He worked hard, earned a lot of money and came back to India. Rajan spent the money he had earned on improving the condition in his village. What do you think about Rajan's coming back to India?

**Put a tick (✓) in front of the right answer:**

Ans:

- 1. It is his way of showing love for the country.  
You respect him for it. [ ✓ ]
- 2. It is a foolish act. He should have stayed  
abroad and earned more money.

**C. When do we celebrate these important days?**

Ans:

- 1. Republic Day : 26<sup>th</sup> January every year.
- 2. Independence Day : 15<sup>th</sup> August every year.
- 3. Gandhi Jayanti : 2<sup>nd</sup> October every year.

**D** Colour yourself.

### **3. MAGIC WORDS** (Politeness)

**Let's Think and Answer:**

**A. Answer the following questions:**

- 1. Who would drop Namita at school and pick her up in the afternoon?

Ans:

Namita's grandfather would drop Namita at school and pick her up in the afternoon.

2. What did Mrs. Rupali say to Namita? Did Mrs. Rupali's words reduce Namita's worry?

Ans:

Mrs. Rupali said to Namita, "I am sure, your grandfather on his way. If you need anything, I'll be in the classroom for some time."

Yes, Mrs. Rupali's words reduced Namita's worry. She now felt less worried.

3. When Namita thanked her grandfather for picking her up every day, what did Grandpa say in reply?

Ans:

When Namita thanked her grandfather for picking her up every day, her Grandpa said in reply, "It doesn't matter who we are. We must be polite and use magic words. When we use the magic words in our conversation, people know we care about how they feel."

**B. Fill up the blanks:**

Ans:

1. Namita studied in **Class II**.
2. Namita was very happy to see her **grandfather**.
3. It doesn't matter who we are; we must always use the **magic** words.
4. When we use the magic words, people know we **care** about how they feel.
5. Namita said "**Bye Ma'am**" to Ma'am as she went back home with Grandpa.

**Let's Do**

- A.** Read the sentence below each picture and write what magic word you would use in each case in the box:

Ans:

1. Picture 1<sup>st</sup> : You want some more ice-cream.  
Can you give me some more ice-cream, please?

2. Picture 2<sup>nd</sup> : Someone gives a present to you.  
Thank you very much for the lovely gift.
3. Picture 3<sup>rd</sup> : You pushed a child down by accident.  
I am extremely sorry. Please forgive me.

**B. Write true or false:**

Ans:

1. We need to be polite to the children younger than us. [True]
2. We should be polite only to the people older than us. [False]
3. There is no need to be polite to our friends or classmates. [False]
4. There is no need to be polite to our siblings at home. [False]
5. We need not to be polite to the people who work for us. [False]

**4. EATING HEALTHY**  
(Good Health)

**Let's Think and Answer:**

**A. Answer the following questions:**

1. What do Mom and Dad ask you to eat?

Ans:

Mom and Dad ask us to eat fruits, five light meals having flowers, stems and roots daily and nutritious dairy foods.

2. What must you eat for strong teeth and bones?

Ans:

For strong teeth and bones, we must eat chocolate milk and cheeses and even ice-cream pieces.

3. Why does the poet ask you to have only one serving of sugary treats?

Ans:

The poet asks is to have only one serving of sugary treats because excessive consumption of same is harmful for our health.

4. What must you eat to build your muscles?

Ans:

To build our muscles, we must eat beans, seeds, fish and chicken. These proteins help us grow up strong and keep our body healthy.

### **Let's Do**

**A.** The following children suffer from ill-health. Read about them and answer the questions:

Ans:

1. Naman suffers from obesity. He is so fat that he can't do anything by himself. Why do you think Naman is fat?

Ans:

Naman is fat because he takes fat-rich items and takes them in excess.

2. Mahima has cavities in her teeth which cause her a lot of pain. Why do you think Mahima has cavities?

Ans:

Mahima eats items which are rich in sugar. She should reduce taking sugary items. She should wash her mouth regularly and drink much water during the day.

**B. Why some food-items are called junk foods? Name some junk foods:**

Ans:

Some food-items are called junk foods because they are not good for our health. Eating too much of them makes us fat and unhealthy. These are called Junk Food. We should avoid them.

Some junk food items are:

1. Pizzas
2. Burgers
3. Pastas
4. Momos
5. Fries
6. Chips
7. Coke

## **5. TELLING A STORY** (Respectful)



### Let's Think and Answer:

#### A. Answer the following questions:

1. How is Mrs. Sonali a good story-teller?

Ans:

Mrs. Sonali is a good story-teller because she was very kind and spoke politely to all her students. She taught English to the students of Class III-A.

2. What did Sumit say to Mrs. Sonali when she was going to start the story?

Ans:

When Mrs. Sonali was going to start the story, Sumit said to her, "I know the story of a Selfish Giant. It is a very interesting story. My mother read it to me!"

3. Why did no one want to take Sumit in his team?

Ans:

No one wanted to take Sumit in his team because he had not allowed them to listen to the story. He even hurt a couple of students. He called them names like 'stupid'. Therefore, nobody wanted to take him in their group.

4. Did Sumit say sorry to the children whom he hurt with his words?

Ans:

Yes, Sumit said sorry to the Varsha and Anki whom he hurt with his words. They asked him to join their group to complete the puzzle. Sumit understood that it is important to treat others the way he wants them to treat him.

### Let's Do

#### A. Do you think if we treat others with respect, there wouldn't be any fights?

Ans:

Yes, I think if we treat others with respect, there wouldn't be any fights. I have to show respect to others in order to be respected by them also.

#### B. Look at the following pictures and answer the questions:

Ans:

1. You see this person every day at school. How do you show respect for him/her?

Ans:

We should show respect to our teacher in the school. We should listen attentively while she is teaching us.

2. When you feel sick, whom do you go to for treatment? How do you show your respect for the person?

Ans:

When we feel sick, we go to a doctor for treatment. We can show our respect for the doctor by behaving in a proper manner and listening to him carefully. We should not indulge in an argument with him/her.

3. They are the parents of your parents. How do you show respect for them?

Ans:

We should show respect for our grandparents. We should take care of them and help them in every possible manner.

C. We all want to be treated with respect. Write three things you can do so that your friends may respect you:

Ans:

1. We should be sincere and honest in our dealing and behaviour.
2. We should show respect to others and quite helpful in our approach.
3. We should be trustworthy.

## **6. THE GREEDY DOG**

(Greediness)

### **Let's Think and Answer:**

**A. Answer the following questions:**

1. Why was Jimmy excited?

Ans:

Jimmy was excited because his master had given him a juicy bone. He was very greedy and, therefore, he was very happy to have the juicy bone.

2. What did Jimmy see as he crossed the wooden bridge over a stream?

Ans:

As Jimmy crossed the wooden bridge over a stream, he looked down to the stream. In the stream, he saw another dog with a bone in his mouth. He got an idea and said, "If I take this dog's bone, I shall have two bones." He shouted at the other dog assuming that he would frighten him and take away his bone.

3. What thought came to Jimmy's mind when he saw the other dog?

Ans:

When Jimmy saw the other dog, an idea came to his mind. He said, "If I take this dog's bone, I shall have two bones." He shouted at the other dog assuming that he would frighten him and take away his bone. He thought, "I must bark loudly to scare him."

As soon as he opened his mouth, the bone in his mouth fell into the stream. Then he realized that it was not another dog. It was only his reflection in the water.

4. Was there really another dog in the stream with a bone?

Ans:

No, it was not another dog in the stream. It was only his own reflection in the water with a bone.

5. What happened when Jimmy opened his mouth to bark?

Ans:

As soon as Jimmy opened his mouth, the bone in his mouth fell into the stream. Then he realized that it was not another dog. It was only his reflection in the water.

Jimmy lost his juicy bone that he so desired to have. This incident taught him a lesson. He was never greedy again.

**B. Fill up the blanks with the correct words from the lesson:**

Ans:

1. Jimmy's master **loved** him and always served him plenty of food.
2. Jimmy's master gave him a **juicy** bone.
3. There was a **dog** staring at him with a bone in his mouth.

4. I must **bark** loudly to scare him.

5. Jimmy lost his juicy bone that he so **longed** to have.

C. Jimmy was greedy and thus lost his juicy bone. If he had overcome his greediness, what would he have done then?

Ans:

If Jimmy had overcome his greediness, he would have eaten the juicy bone that his master had given him.

### Let's Do

A. Here are two situations. Read them and make up your mind to tick '**Greedy**' or '**Not Greedy**':

1. Sakshi had many hair clips. Her uncle gifted her a new set of hair clips on her birthday. When the party was over, she told her mother to keep the new set of hair clips safe. She added that when all the hair clips she had currently would be used up, she would ask for the new set.

Ans:

- (a) [ **Greedy** ]  
(b) [ **Not Greedy** ] [ ✓ ]

2. Rahul went to the market with his mother. He insisted on his mother to buy him a pair of shoes, though he had many pairs of shoes already.

Ans:

- (a) [ **Greedy** ] [ ✓ ]  
(b) [ **Not Greedy** ]

B. Raman scored good marks in the first-term exams. His friend Suraj got more marks than Raman. Raman started working hard so that he could get more marks than Suraj in the second-term exams. He succeeded and got more marks than Suraj.

**Was Raman Greedy? Why or why not?**

Ans:

Raman was not greedy. Instead he started working hard in the second term. It was a healthy competition between Raman and Suraj.

## 7. THE GRATEFUL LION

(Gratefulness)

### Let's Think and Answer:

#### A. Answer the following questions:

1. Who was Androcles?

Ans:

Androcles was a young man living in the city of Rome long, long ago. He was a slave. His master was very cruel. He made him work hard and did not treat him well at all.

2. Why did he run into the forest and hide in a cave?

Ans:

Androcles ran into the forest and hid himself in a cave in a forest outside Rome. That night, Androcles heard a terrible sound of a lion. A few minutes later, the lion limped into the cave. It was in great pain. Androcles was afraid at first. He saw a thorn sticking out of the lion's paw. He felt sorry for the animal. He went near the lion and pulled the thorn out of its paw. He bandaged it. After some days, the lion's wound was healed. The lion Androcles's hand in order to thank him and went away.

3. What happened to the lion? How did Androcles help the lion?

Ans:

The lion was limping into the cave. He was in great pain. A thorn was sticking in lion's paw. Androcles was afraid at first. He felt sorry for the animal. He went near the lion and pulled the thorn out of its paw. He bandaged it. After some days, the lion's wound was healed. The lion Androcles's hand in order to thank him and went away.

4. Why didn't lion kill Androcles?

Ans:

The lion didn't kill Androcles because Androcles had earlier helped the lion by pulling out the thorn from its paw. The lion recognized Androcles and therefore, didn't kill him. The lion quietly sat by Androcles and licked his feet. Androcles embraced the lion in joy.

### Let's Do

A. Here is a list of people who help you. Next to each, give one reason why you are grateful to him/her or them:

Ans:

Your mother : My mother cares for me as well as other members of our family. She cooks food for all of us and cleans the house. She looks after everybody in the family.

Your father : My father earns the money for the family. He manages the family and also helps in the household work.

Your grandparents : Our grandparents help us in every possible way. We seek guidance from them.

Your brother or sister : My brother and sister help us in our studies and they also teach us good manners.

Your friend : My friend helps me whenever I seek help from him/her. My friend also assists me in my studies.

Your maid : Our maid helps us in the household work. She also helps my mother in the kitchen.

B. Colour the circle 'Green' if your answer to the following question is 'Yes' and 'Red' if your answer is 'No'.

Ans:

1. Do you show respect and affection to the people who help you by wishing them or thanking them. : [Green]

2. Do you keep quiet in the class when the teacher is teaching? : [Green]

3. Do you throw waste only in the dustbin? : [Green]

4. Do you thank a shopkeeper when you visit a shop? : [Green]

5. Do you thank a waiter in a restaurant after your meal? : [Green]

C. Are you thankful to God for His gifts – your mind, body and senses? Write a prayer to tell that you are thankful to God for all He has given you.

Ans:

*Thank you God for the world so sweet,  
Thank you God for the food we eat,  
Thank you God for our home so sweet,  
Thank you God for the birds that sing,  
Thank you God for everything!*

D. Look at the picture below. Do you recognize this famous story? Colour the picture and then tell the story in the class. How is this story similar to the one you have read in this chapter?

Ans:

1. Colour yourself.
2. The story is like this:

### **The Lion and Tiny Mouse**

There was a little mouse in the jungle. One day, the little mouse played over the body of the sleeping lion. The lion woke up. The lion got angry and wanted to eat the little mouse.

The little appealed to lion, “Spare me, Mr. Lion.” “If you forgive me this time and let me go, I will never ever forget it. I will repay your kindness in future”.

The lion roar with laughter because he did not believe that such a small creature like mouse can help him in future. But he showed mercy on him and set him free.

One day, the lion was caught in a net spread by a hunter. He roared in anger, but he could come out of the net.

The mouse set the lion free by gnawing the rope with his sharp teeth. The lion was very happy and thankful to the little mouse.

This story teaches us that everybody in this world is helpful to one another. A big creature can help a small creature. But at the same

time, a small creature like little mouse can also help a big creature like a lion.

3. This story is similar to the one I have read in this chapter in the following respects:
  - (i) All the creatures in this world are created by Almighty God.
  - (ii) Each and every creature has been gifted in one or another way.
  - (iii) Every creature has its own identity and importance.

## **8. THE DAY OF FESTIVAL**

(Happiness)

### **Let's Think and Answer:**

#### **A. Answer the following questions:**

1. What does Raman ask Koki?

Ans:

Raman asks Koki, "Do you have new clothes for Diwali?"

2. What does he decide then?

Ans:

Raman decides not to buy crackers this year and informs his mother about it. He says to his mother that this is because children like them are forced to work instead of going to school. His mother was happy to listen to all this. She bought new clothes for Kamal and Koki. They were happy on receiving the new clothes.

3. Raman's parents feel proud of their children. Why?

Ans:

Raman's parents feel proud of their children because they had exhibited an act of kindness. They said, "This is the best Diwali we have ever had. Radha and Raman, we are so proud of you."

4. Do they all light some lamps together?

Ans:

Yes, they all lighted some lamps together.

#### **B. Write true or false:**

Ans:

1. Raman and Radha do not play with Koki and Kamal.

[False]



2. Raman asks his mother to bring clothes for Koki and Kamal. [True]
3. Koki and Kamal become happy to have new clothes. [True]
4. Raman and Radha buy lots of crackers. [False]

### Let's Do

A. Which of the following things we should not share with others? Circle them. Why must you not share these things? Discuss?

Ans:

1. Picture 1<sup>st</sup> : Rubber (Eraser) : [ ✓ ]  
Reason: We must share the eraser with others.
2. Picture 2<sup>nd</sup> : Grapes : [ ✓ ]  
Reason: We must share the grapes with others.
3. Picture 3<sup>rd</sup> : Towel: [ X ]  
Reason: We must not share our towel with others because it may infect others.
4. Picture 4<sup>th</sup> : Spectacles: [ X ]  
Reason: We must not share our spectacles with others because they may infect the eyes of others.
5. Picture 5<sup>th</sup> : Shoes : [ X ]  
Reason: We must not our shoes with others because they may infect others.
6. Picture 6<sup>th</sup> : Book : [ ✓ ]  
Reason: We must share our books with others.
7. Picture 7<sup>th</sup> : Car : [ ✓ ]  
Reason: We must share our car with others.
8. Picture 8<sup>th</sup> : Bus : [ ✓ ]  
Reason: We must share the bus with others.

**B. What will you do in the following situations?**

Ans:

1. You are playing with a new toy car. Your gardener's child who is younger than you are, wants to play with it. What will you do?
  - (a) Let him play it for some time. [ ✓ ]
  - (b) Take the car to your room and hide it.
2. Your friend wants to ride your new bicycle. What will you do?
  - (a) Take turns riding it. [ ✓ ]
  - (b) Ignore him and keep riding it.
3. Your partner in your class has not got his crayons. What will you do?
  - (a) Don't allow him share your crayons.
  - (b) Share your crayons with him. [ ✓ ]

**9. THE PIGEONS AND THE  
BIRD-CATCHER**

(Unity)

**Let's Think and Answer:**

**A. Answer the following questions:**

1. Who was the leader of the pigeons?

Ans:

Guttu was the leader of the pigeons.

2. What happened to the pigeons after they had eaten the grains?

Ans:

After the pigeons had eaten the grains, they were trapped in a net spread by a bird-catcher. The next moment, they saw the bird-catcher coming towards them. Every pigeon spread its wings and tried to free itself from the net. However, none of them could free itself.

3. Why couldn't they fly in the beginning?

Ans:

They couldn't they fly in the beginning because they didn't fly together. They tried to fly individually and hence, they could not fly.

4. What did they do to escape from the bird-catcher?

Ans:

Guttu was very wise and brave. He said, "Listen to me. We are surely in deep trouble. But we need not lose hope. I have an idea. We shall all fly upwards together carrying the net with us."

The pigeons liked the idea. They had no choice. Immediately each pigeon picked up a part of the net with its beak. Then they all flapped their wings and rose together high into the air. The bird-catcher watched helplessly as the pigeons made their escape.

5. Who helped them to cut the net?

Ans:

The mice helped them to cut the net with their sharp little teeth. The mice cut the cords of the net to pieces. One by one, all the pigeons were thus set free.

### Let's Do

A. Cooperation is a must. Name some things at school and at home that require cooperation. Write them down in the table.

Ans:

Home	School
1. Cleaning the house.	1. Maintaining cleanliness in and around the school.
2. Doing household work.	2. Throwing waste into the dustbins.
3. Sharing the jobs at home.	3. Helping in studies.
4. Helping each other.	4. Following the rules and regulations in the school.

B. Draw yourself.

**C. Write 'Yes' or 'No' for each of the following sentences:**

Ans:

1. I can play football on my own. [No]
3. I can get ready for school on my own. [No]
3. I can read a book alone. [Yes]
4. I can do my homework on my own. [No]
5. I can play on the see-saw on my own. [No]
6. I can enjoy the festival of Holi alone. [No]

**10. THE FARMER AND THE  
FARM ANIMALS**  
(Being Fair)

**Let's Think and Answer:**

**A. Answer the following questions:**

1. Why did all the farm animals hold a meeting?

Ans:

All the farm animals held a meeting because they felt that they were being treated with fairness. We should be fair in our dealings. Being fair means treating others the way we want to be treated.

2. How was the cow useful to the farmer?

Ans:

The cow was useful to the farmer because it gave milk to his master. The master's son liked to drink its milk.

3. How did the donkey help the farmer?

Ans:

The donkey helped the farmer by carrying loads for him.

4. What was the cow's complaint?

Ans:

The cow's complaint was that her master was not good to her. He treated him unfairly.

5. What did the sheep find unfair?

Ans:

The sheep found unfair because he said, "I give wool to my master. He wears sweaters made of my wool. But he always ignores my needs."

6. What the farmer say in the end?

Ans:

In the end, the farmer said, "I am very sorry, dear animals. I will try to be fair and good to all of you."

### Let's Do

**A. Write each of the following situations as 'fair' or 'not fair':**

Ans:

1. My father brings two chocolates on every Saturday. He gives one to me and the other one to my brother. : [Fair]
2. The class leader does not listen to me when I want to say something. : [not fair]
3. I have to help my mother in household tasks for half an hour. : [Fair]
4. Mom allows us to watch TV for one hour. My sister always watches her favourite programmes and never asks for my choice. : [not fair]
5. When I play with my friends in the park, my friends do not allow me to bat. : [not fair]

**B. What are the occupations of these people? Name them. What would happen if they become unfair in their profession?**

Ans:

1. Policeman

Ans:

A policeman protects the people in and around us. He is supposed to catch the thieves and robbers. He is expected to maintain peace and law and order in our area.

If a policeman becomes unfair in his behaviour, he would not be able to protect the people in and around us. He will not catch the thieves and anti-social elements. He will not be able to maintain peace and law and order in the area.

2. Lawyer

Ans:

A lawyer is expected to present the case based on merits and real facts. He is expected to deliver justice in a fair manner.

If a lawyer does not present the case based on merits and real facts, he will not be able to deliver justice in a fair manner.

3. Doctor

Ans:

A doctor is expected to treat the sick and needy people in a very transparent and fair manner. He is not expected to treat the people based on caste, social status or any other consideration.

A doctor is regarded as the God. For him, all the patients are equal. If he is not carrying out his duty in a fair manner, he is doing injustice to his medical profession.

## **11. I LOVE MY NATION** (National Integration)

### **Let's Think and Answer:**

**A. Answer the following questions:**

1. Do you love your nation? Write a few lines about India to show your love for your nation.

Ans:

India is a beautiful country with varied features. Its physical features are adorable. Other wonders of this beautiful country are its developed culture, rich heritage, family and social values, etc. Therefore, every individual of our country should exhibit love, affection and patriotism towards our great and beautiful nation.

2. Are people hard-working in India?

Ans:

Yes, the people are very much hard-working in India.

3. Are hill stations God's creation?

Ans:

Yes, the hill stations are God's creation.

4. How does our country give us protection?

Ans:

Our country gives us protection because it gives us food, clothes, fruits and vegetables. Its army protects us from any kind of danger.

### Let's Do

A. How much do you know about India? Let's see. Complete the following information about your country.

Ans:

1. The name of your state. : Uttarakhand
2. The capital of your state. : Dehradun
3. Two folk dances of your state. :  
1) Kumaoni  
2) Garhwali
4. A famous player who has played at international level. : M.S. Dhoni
5. A scientist that belonged to your state. : Vinod Bhakuni (1962-2011) was an Indian Molecular Biophysicist and the Head of Molecular and Structural Biology Division of Central Drug Research Institute. He was the founder of Protein Chemistry Laboratory of CDRI and was known for his contributions to the study of protein folding. He was a recipient of the National

- B.** Name the landmarks of India that are situated in the North, the South, the West and the East of India. Also, colour the state in which you live in the map.

Ans:

1. North : Jammu & Kashmir, Laddakh
2. South : Kanyakumari
3. West : Gujarat
4. East : Arunachal Pradesh

## **12. TWO PAIRS OF GOATS** (Anger)

### **Let's Think and Answer:**

- A. Answer the following questions:**

1. Why did the two goats snarl at each other?

Ans:

The two goats snarled at each other because they had met in the middle of a bridge over a stream. They stood facing each other. The bridge was very narrow and only one animal could cross it at a time.

2. What happened to the first pair of the goats?

Ans:

The first pair of the goats snarled at each other because they had met in the middle of a bridge over a stream. They stood facing each other. The bridge was very narrow and only one animal could cross it at a time. The goat from the right snarled at the goat from the left, "Get out of my way, I say." They threatened each other for some time. Then they charged at each other furiously. Both of them lost their balance and fell into the stream below. The swift current of the stream carried them away in deep water and both of them were drowned.

3. Were the other goats sensible and wise? How can you say?



Ans:

Yes, the other pair of goats sensible and wise. They met on the same bridge in the same way. One of them sat down. He allowed the other goat to step over his body and go ahead. Then he stood up and went on his own way. In this way, both of them crossed the bridge safely.

### Let's Do

#### A. Write as many as you like.

Ans:

(a) Things that make me feel happy:

1. When my father brings chocolate.
2. When the teacher praises me.
3. When my grandparents tell be beautiful stories.
4. When my brother and sister assist me in my studies.
5. When my friends share their things happily with me.

(b) Things that make me feel angry:

1. When I am not allowed to play with my friends.
1. When my brother does not share chocolates equally.
2. When the teacher does not praise me.
3. When my parents treat me and my sister unfairly.
5. When my friends do not share their things with me.

#### B. Read the following situations. Decide what would be the right thing to do. Tick (✓) your choice:

Ans:

1. You want a new dress. Your mother says you will have to wait until your birthday. What will you do?

- (a) I will be very angry with her.
- (b) I will cry loud and long.
- (c) I will be upset for a while but will soon be normal. [ ✓ ]

2. You want to watch your favourite cartoon, but Grandma wants to watch her favourite serial. What will you do?

- (a) I will ask Grandma if I can watch my cartoon during the advertisement breaks of her serial. [ ✓ ]
- (b) I will scream and cry so that I may get my way.
- (c) I will make a lot of noise. If I can't watch my programme, I won't let her watch hers either.

### 13. I CANNOT DO IT (Believe in yourself)

#### Let's Think and Answer:

#### A. Answer the following questions:

1. What kind of a student was Nishad?

Ans:

Nishad was a very good singer. Nishad would practice his singing for eight hours every day. He never forgot his notes unlike the other students. His teacher said, "You have a natural talent for singing!"

2. Why did Nishad first refuse to take part in the concert?

Ans:

Nishad first refused to take part in the concert because he said to Pandit Ramdev, "I cannot take part in the concert. There are many other singers better than me. I am not very good."

Pandit Ramdev replied, "You are a very good singer. Think of this as a test of your own skill alone. Don't worry about others."

3. How did Nishad perform in the concert?

Ans:

Nishad performed very well in the concert. When the concert started, Nishad took a deep breath and started singing. He sang and made everyone in the hall feel amazed with his wonderful voice. He got a standing ovation from the audience. Nishad was very happy.

4. What did Pandit Ramdev Sharma say to his students?

Ans:

Pandit Ramdev Sharma said to his students, "Students, we must never worry about how other people are doing. We are sure to do well when we practice hard and focus on our efforts and skill."

#### Let's Do

- A. Nishad believed that singing in a concert was not easy.

**Think and answer:**

1. What are the things that you find easy to do?

Ans:

The things that we find easy to do are the ones which we love to do. We put our effort and energy into a work in which are interested. Then we practice a lot and work hard.

2. Why do you find them easy?

Ans:

We find them easy because we love them. We put our special effort and energy into a work in which are interested. Then we practice a lot and work hard.

3. What are the things that you find difficult to do?

Ans:

The things that we find difficult to do are:

1. The task about which we are not much aware of.
2. There is fear in our mind.
3. We become slave to our fear.
4. We are unable to find a solution.
5. We do not have the necessary courage and patience.
6. We do not get right kind of guidance at the right time.

4. Why do you find them difficult?

Ans:

We find them difficult because of the following:

1. We are unable to find a solution.
2. We do not have the necessary courage and patience.
3. The task about which we are not much aware of.
4. There is fear in our mind.
5. We become slave to our fear.
6. We do not get right kind of guidance at the right time.

5. Do you think 'difficult' things will stop being difficult if you practice harder and enjoy doing them?

Ans:

Yes, I think 'difficult' things will stop being difficult if we practice harder and start enjoy doing them.

**B.** Which of the following things do you enjoy doing? Encircle them. Which of them are you good at? Tick (✓) them:

Ans:

1. (Playing outdoors)
2. Dancing and singing [ ✓ ]
3. Reading a book [ ✓ ]
4. Playing games on a computer [ ✓ ]
5. Looking after a pet [ ✓ ]
6. Drawing and colouring [ ✓ ]

#### **14. A HOLIDAY PLAN** (Healthy Discussion)

#### **Let's Think and Answer:**

**A. Answer the following questions:**

1. What topic was discussed in Anshika's family?

Ans:

In Anshika's family, the topic of going somewhere in the summer holidays was being discussed.

2. What did Grandfather say on the topic?

Ans:

Grandfather said on the topic, "I don't mind going anywhere as long as the place is not too cold."

3. What did Grandmother say? What was her health problem?

Ans:s

Grandmother said, "Then let's not go to a hill station as it will be very cold. I too wouldn't want to walk up and down the hillside all day."

4. What was Anshika's suggestion?

Ans:

Anshika's suggestion was that we should go to a place where we can cool off in some other way. They all finally decided to

go to Goa where they could do swimming. There they could go to the beach and play on the sand and cool off in water.

5. What idea did Akshat give? Did the other members of the family agree?

Ans:

Akshat gave the idea of going to Goa where they could do swimming. There they could go to the beach and play on the sand and cool off in water.

Yes, all the other members of the family agreed to this idea.

**B. Write true or false:**

Ans:

1. Anshika's father wanted to plan a trip for the winter holidays. : [False]
2. Everyone wanted to go to a hill station. : [False]
3. Everyone liked the idea of having fun on the beach. : [True]
4. In the end, none was happy with the decision taken. : [False]
5. Listening to others helped Anshika's family to take a right decision. : [True]

**Let's Do**

**A.** Do it yourself.

**B. What will you do in the following situations? Tick (✓) the correct option:**

Ans:

1. You are playing with your friends in a park. You want to play badminton. Your friend Naman wants to play cricket. Someone else wants to play hide and seek. What will you do?

Ans:

- (a) Go back home in anger because none is listening to you.

- (b) Play all three games in turns. : [ ✓ ]
2. Your bedtime is 9:00 p.m. Your mother reminds you that it is time to go to bed. You are playing Ludo with your cousin. What will you do?  
Ans:  
(a) Ignore her and continue playing.  
(b) Request her to give you five minutes more to finish the game. : [ ✓ ]
3. It is Sunday, a holiday for the family. Father announces that he will take everyone to a movie. Everybody starts giving his/her choice. The maid is also standing there. She too softly speaks the name of a popular movie. What will you do?  
Ans:  
(a) The maid is also a part of the family because she serves your family. So, I shall listen to her choice as well.  
(b) Laugh at her and carry on discussing your choices. : [ ✓ ]

## **15. SPENDING TIME IN FUN** (Leisure)

### **Let's Think and Answer:**

#### **A. Answer the following questions:**

1. What is leisure?

Ans:

Leisure is the free time at one's disposal. In fact, leisure is the time when a person is his/her own master. He/she is free to pass his/her time the way he/she wants. It gives a person an opportunity to engage in various leisure activities for enjoyment.

2. How do you spend your leisure?

Ans:

We spend our leisure reading books, looking after flowers, listening to music, seeing films, painting pictures, learning new games, learning to dance, etc. We can also spend our leisure doing good to others and making them feel happy.

3. What can you do in your leisure to help those who are suffering?

Ans:

In our leisure, we can help those who are suffering and are sad. We can think of them and spend time helping them and talking to them. We can give them company and make them happy by telling them stories, sharing jokes with them or playing with them.

4. How does Manoj Kumar use his leisure?

Ans:

Manoj Kumar is a professional artist. He works in a reputed publishing firm. His job profile is to draw illustrations in books. He draws illustrations for story books and comics too. He wants to help the poor. During his leisure, he teaches drawing and colouring to the poor boys and girls.

### Let's Do

**A. Choose the option that you think is true about you.**

Ans:

1. Whenever I don't have work to do, I .....

- (a) watch TV [ ✓ ]
- (b) sleep
- (c) go to the park to play [ ✓ ]
- (d) read stories [ ✓ ]
- (e) none of the above

2. I have fun when I am .....

- (a) with my brothers and sisters [ ✓ ]
- (b) alone
- (c) watching cartoons [ ✓ ]
- (d) with my friends [ ✓ ]
- (e) none of the above

3. During my free time, I would like to .....

- (a) paint [ ✓ ]
- (b) sleep
- (c) go for a movie [ ✓ ]
- (d) spend time with old people [ ✓ ]
- (e) none of the above

**B. Something to do:**

Ans:

**My Hobby**

Abhay was mad about computers and video games. He would spend hours together in front of the screen. Even though his parents didn't like it, he really enjoyed every minute of it. He hardly left his seat, when his parents encouraged him to get involved with normal life, he would respond:

***“This is my doorway to the world.  
There is much more than you realize.”***

Among all his games, there was one he especially liked. In that game, he enjoyed collecting rats at many levels. He was a real expert at it. Still, he wished to go for higher levels. For this purpose, he continued to play this game.

One day, when he got home from school, everything had changed. As soon as he arrived, he ran to his room to switch on the computer. But this time, he heard some strange sounds like breaking of glass. Suddenly, the window broke and from there came dozens, hundreds, then thousands of little rats.

They filled every square inch of his bedroom. Abhay was stunned. He couldn't believe what was happening. He restarted the computers many times. He called his parents to see if he was not dreaming this. As it happened, he had to accept that on that day something very strange had taken place.

On entering his room, the parents were shocked. They wanted to ask Abhay what was going on. Abhay couldn't explain. So, they decided to make the rats his responsibility.

Abhay was upset. It was more than he expected. It was a dirty thing which he never wanted to do. As days passed by, he studied their diet, their habits and he began to think up ways to feed them. He also tried to trick them out of his room, but it never worked. Gradually, he got used to live among rats, and actually began to enjoy it. He liked playing with them, showing them tricks and calling them by their names.



Now, Abhay used to talk about his rats with his friends, parents and even with his teachers. He now much preferred living with his rats and spent his free time with them.

One day, as he returned from school, he found the rats missing. He parents were worried that he would return to his video games and go back to be grumpy, but this didn't happen. Abhay didn't shed a tear for the missing rats. Instead, he emptied his savings from his piggy bank and shot straight down to the pet shop. He returned with a pair of parakeets, and wanted to look after it.

And even today he is fond of keeping parakeets as his pets. Now he uses computer to find new things about animals, birds and nature. Now, if anyone asks him about his hobby, he says, ***“They’re definitely my doorway to the world. There’s a lot more to them than you’d realize.”***